



*Boys & Girls*

# CROSS COUNTRY

**CLINIC** *TUESDAY-THURSDAY, 7/6-8/17*  
*5PM-6:30PM / PROCTOR WEIGHT ROOM*  
*GRADES 7-12 / COACHES HEATHER MONROE & DAVE CARUSO*

*CONTACT COACHES HEATHER MONROE & DAVE CARUSO FOR MORE INFO:  
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# RAIDERS

[WWW.UTICASCHOOLS.ORG](http://WWW.UTICASCHOOLS.ORG)

